

WHEN: 23rd September 2012

WHERE: Bennybeg

COACHES: Buz, Robbie, Lisandro

For some of us Bennybeg was our first outdoor climbing trip. For our more experienced members it was a great opportunity to hone skills in re-threading the belays in an accessible location- a further step along the road to becoming successful independent climbers. Our older members Scott, Jodie and David had recently attended a FUNdamentals training course and put their new-found coaching skills to good use encouraging everybody to warm up properly. In the autumn sunshine Bennybeg had something for everyone.



Above: Scott, Jodie and David take the warm-up while Robbie watches on.

Left: Buz and Lisandro put our younger members through their paces- first time climbing outdoors for some

Over the course of the day almost every route at the crag was climbed by a Quickdraw climber with lots of new skills gained and existing ones consolidated thanks to Buz, Lisandro and Robbie's coaching and encouragement.

Right: Two Davids getting stuck in to leading a few routes. Robbie found a good vantage point for some photos above

Find out more at www.quickdrawclimbingclub.org.uk or contact us at membership@quickdrawclimbingclub.org.uk

